

Infant Feeding Essentials Program

Presented by Carly Veness, Speech Pathologist

Training Sessions: Weds 21st June, 19th Jul, 16th Aug, 20th Sept 2017 – 7-9pm.

Clinic Observation Experience: To be arranged with participant individually.

Babble & Munch Speech Pathology, 1/1137 Main Road, Eltham, Victoria.

This introductory training program is an individually tailored, small group, hands-on program for speech pathologists interested in or working with infant feeding. As such, it is for speech pathologists at the beginner to intermediate level of experience in infant feeding. It will cover typical infant feeding and oral development (from birth to 12 months) as well as infant feeding assessment and treatment of breastfeeding, bottle feeding and early solids. There will also be a focus on the identification and treatment of tongue tie in this context.

As part of the program, participants will be involved in four monthly small group training sessions at the Babble & Munch feeding clinic. These training sessions will cover the theoretical and practical concepts of infant feeding assessment and treatment through discussion and case studies including analysis of photo and video footage of babies and hands on demonstration and experience with relevant feeding equipment and techniques. Course notes will also be provided.

Participants will also have the opportunity to observe a day in the Babble & Munch feeding clinic alongside Carly Veness as she works with babies and children with feeding difficulties. Opportunity for discussion about specific cases and concepts will be available throughout the day. This live observation allows for transfer and consolidation of theoretical infant feeding concepts into practical examples and experiences, which is a unique part of this program.

A number of 'extras' will also be provided to participants to support their own work in infant feeding, including assessment forms, handouts, reference articles and samples of useful feeding equipment. There will also be opportunity to browse the clinic's feeding equipment and relevant textbooks and resources. Participants will also be provided with a course certificate at the completion of the program.

Learning objectives:

- To understand the stages of normal infant oral and feeding development and how these stages impact longer term feeding outcomes.
- To develop clinical skills in conducting crucial components of an infant feeding and oral assessment and understand how to look at the relationship between oral structure, function and feeding skills.
- To be able to conduct a thorough case history as part of the assessment process and appreciate the impact of various other body systems on feeding (e.g. gastrointestinal, cardiorespiratory).
- To understand the potential impact of tongue tie and lip tie on feeding and oral development and to be aware of the current evidence on assessment and treatment of tongue tie.
- To identify treatment principles and techniques for breast and bottle feeding difficulties.
- To identify treatment principles and techniques for difficulties with early solids, including the related oral motor skills need for solid feeding in infancy.

Carly Veness (*BSpPath(Hons), GDipMtlHlthSc(Infant&MtlHlth), CPSP*) is a paediatric speech pathologist who runs a private feeding clinic, Babble & Munch Speech Pathology. Carly has worked in a variety of public, private and not-for-profit settings in Melbourne in both clinical and research roles over the past 13+ years, including NICU, special care nursery, and tertiary hospital positions. Carly also has post-graduate training in infant mental health. Carly has focused her private practice on the specific area of infant feeding and paediatric feeding and swallowing difficulties. She has particular experience working with children with reflux, allergy, and other gastrointestinal conditions, congenital heart disease, prematurity, growth faltering, vision impairment, developmental delay, tongue and lip tie, tube feeding and tube weaning. Carly also holds a volunteer support role for the Reflux Infants Support Association.

Cost: \$1980 incl. GST.

Payment Details: Direct deposit or credit card. \$500 non-refundable deposit is required to hold your place due to the personalised nature of this program.

Full payment due on or before 21st May 2017. Payment plans may be available, please call to discuss.

Cancellation policy: If cancelling before 21st May, course fee can be credited towards a future Infant Feeding Essentials Program, minus the non-refundable deposit. No credit for cancellations after 21st May 2017 unless you arrange for your place to be filled by another participant (minus non-refundable deposit). **Contact:** carly@babbleandmunch.com.au or 0487 503 753 for further information.

Infant Feeding Essentials Program – Registration Form

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Babble & Munch Speech Pathology, 1/1137 Main Road, Eltham, Victoria.

Name: Date:

Workplace:

Position:

Address:

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..... State: Postcode:

Home phone: Mobile:

Work phone:

Email address:

Experience in Infant Feeding: (please tick)

None/Theoretical Some Experience Frequent Experience

Payment method: (please tick)

- Direct Deposit – Babble & Munch Speech Pathology, BSB: 633-000 Account No: 153 224 852
 Credit Card - Please contact us directly for credit card payments

Payment options: (please tick)

- \$500 Deposit (balance due by 21st May 2017)
 Full Amount \$1980
 Other Amount (by prior arrangement) \$.....

An invoice will be emailed to you with payment details upon completion of the registration form.

Send to: carly@babbleandmunch.com.au or

Babble & Munch Speech Pathology, PO Box 707, Hurstbridge VIC 3099